

Anthony & Sons Bakery, Inc.
Nutrition Label Report
#1 Rye

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Nutrition Facts	
18 servings per container	
Serving size	1 slice (28g)
Amount per serving	
Calories	60
Calories from Saturated Fat 0	
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 12g	5%
Dietary Fiber 1g	2%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.6mg	4%
Potassium 0mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Rye Flour, Salt, Ground Caraway Seed, Sugar, Acetic Acid, Lactic Acid, and 2% or Less of Each of the following:Ground Dill Seed, Natural Flavor, Shortening All Purpose Vegetable (Palm Oil), Yeast, Enzyme, Malted Wheat Flour, Enzymes, Ascorbic Acid, (Vitamin C). Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.
CONTAINS: WHEAT