

Anthony & Sons Bakery, Inc.  
Nutrition Label Report  
Semolina Italian Seeded

9:31 AM 9/16/2020  
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<b>Nutrition Facts</b>	
7 servings per container	
<b>Serving size</b>	<b>57 g (2 oz)</b>
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Amount per serving	
<b>Calories</b>	<b>130</b>
Calories from Saturated Fat 0	
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	<b>% Daily Value</b>
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
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<b>Protein</b> 5g	
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Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.2mg	6%
Potassium 30mg	0%
Magnesium 5mg	2%

INGREDIENTS: Unbromated Unbleached Enriched Wheat, Flour(Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Durum Flour, Niacin, Ferric Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid, Salt, Corn Flour, Malt Barley, Monocalcium Phosphate, L-Cysteine, Potassium Bromate, Yeast, Shortening, All Purpose Vegetable (Palm Oil), Sugar, Soy Lecithin, Natural Flavors, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.

CONTAINS: WHEAT