

Anthony & Sons Bakery, Inc.  
Nutrition Label  
Boiled Bagels Cinnamon

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Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>4 oz (113g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>290</b>
Calories from Saturated Fat 0	
% Daily Value	
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 380mg	<b>17%</b>
<b>Total Carbohydrate</b> 64g	<b>23%</b>
Dietary Fiber 4g	<b>15%</b>
Total Sugars 16g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2.7mg	15%
Potassium 180mg	4%
Magnesium 10mg	2%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Seedlees Raisins,, Sugar, Salt, Malted Barley Flour, Honey Powder (Honey, Maltodextrin), Contains Less Than 2% Of Mono- And Diglycerides, Molasses Powder (Molasses, Wheat Starch), Hydrolyzed Wheat Gluten, Ascorbic Acid (Vitamin C), Enzymes., Cinnamon, Caramel Color, Yeast.

Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.

CONTAINS: WHEAT