

Anthony & Sons Bakery, Inc.
Nutrition Label Report
4 Ft Sub Seeded

12:58 PM 9/16/2020
Page 1 of 1

Nutrition Facts	
32 servings per container	
Serving size	2 oz (57g/2 oz)
Amount per serving	
Calories	140
Calories from Saturated Fat 0	
% Daily Value	
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 40mg	2%
Iron 1.6mg	8%
Potassium 20mg	0%
Magnesium 10mg	2%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Sesame Seeds, Salt, Shortening All Purpose Vegetable (Palm Oil), Corn Flour, Malt Barley, Monocalcium Phosphate, L-Cysteine, Potassium Bromate., Sugar, Yeast, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.
CONTAINS: WHEAT