

Anthony & Sons Bakery, Inc.
Nutrition Label Report
14" Hero Plain

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Nutrition Facts	
1 serving per container	
Serving size	8 oz (227g)
Amount per serving	
Calories	530
Calories from Saturated Fat 10	
% Daily Value	
Total Fat 5g	7%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 950mg	41%
Total Carbohydrate 104g	38%
Dietary Fiber 4g	14%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 40mg	2%
Iron 5mg	30%
Potassium 10mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Salt,Dextrose, Diacetyl Tartaric Esters of Mono-Diglycerides(Datem), Soybean Oil and 2% or Less of the Following: Potassium Bromate, Ascorbic Acid (Vitamin C), L-Cysteine HydrochlorideEnzymes, Yeast. Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.
CONTAINS: WHEAT & SOY