

Anthony & Sons Bakery, Inc.  
Nutrition Label Report  
Kaiser Roll Plain

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Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>3 1/4 oz (92g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>220</b>
Calories from Saturated Fat 0	
% Daily Value	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 430mg	<b>19%</b>
<b>Total Carbohydrate</b> 42g	<b>15%</b>
Dietary Fiber 2g	<b>6%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 2.1mg	10%
Potassium 10mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Dough Conditioner:(Soy Flour,Diacetyl TartaricAcid Esters of Mono-and Diglycerides (DATEM),Monoglycerides,Soybean Oil,Calcium Sulfate,Ascorbic Acid,Potassium Bromate, L-Cysteine,Dextrin,Wheat Starch and Enzymes),. Salt, Sugar, Vital Wheat Gluten, Yeast, Allergen: This Product has been Processed in a Facility where, Wheat,Soy product are present.  
CONTAINS: WHEAT & SOY