

Anthony & Sons Bakery, Inc.
Nutrition Label Report

Kaiser Roll Plain

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Page 1 of 1

Nutrition Facts	
1 serving per container	
Serving size	3 1/4 oz (92g)
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Amount per serving	
Calories	220
Calories from Saturated Fat 0	
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	% Daily Value
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 430mg	19%
Total Carbohydrate 42g	15%
Dietary Fiber 2g	6%
Total Sugars 2g	
Includes 0g Added Sugars	0%
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Protein 8g	
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Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 2.1mg	10%
Potassium 10mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Dough Conditioner:(Soy Flour, Diacetyl Tartaric Acid Esters of Mono-and Diglycerides (DATEM), Monoglycerides, Soybean Oil, Calcium Sulfate, Ascorbic Acid, Potassium Bromate, L-Cysteine, Dextrin, Wheat Starch and Enzymes), Salt, Sugar, Vital Wheat Gluten, Yeast, Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.
CONTAINS: WHEAT & SOY