

Anthony & Sons Bakery, Inc.
Nutrition Label Report
#5 Rye

1:31 PM 9/17/2020
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Nutrition Facts	
40 servings per container	
Serving size	2 oz (57g)
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Amount per serving	
Calories	120
Calories from Saturated Fat 0	
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	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
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Protein 4g	
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Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.2mg	6%
Potassium 10mg	0%
Magnesium 0mg	0%

INGREDIENTS: Unbromated Unbleached Enriched ,Wheat, Flour(Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Rye Flour, Salt, Ground Caraway Seed, Sugar, Acetic Acid, Lactic Acid, and 2% or Less of Each of the following:Ground Dill Seed, Natural Flavor, Shortening All Purpose Vegetable (Palm Oil), Yeast, Enzyme, Malted Wheat Flour, Enzymes, Ascorbic Acid, (Vitamin C). Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.
CONTAINS: WHEAT